

Supplementary Table 1. Uptake and adherence data collection

Data	Variables	Collection method	Collection place / time
Referral rates/uptake	No. referred to the intervention	Project specific CRF	Collected during the referral process
	No. who declined referral to the intervention	Screening Log	Collected during the referral processes
	No. who declined the intervention after accepting referral	Project specific CRF	Collected during referral/intervention process
Participant adherence to therapy	No. completing at least 3 sessions of the intervention	Project specific CRF	Collected during individual therapy sessions by clinicians

Note: No. = number; CRF = Case Report Form.

Supplementary Table 2. Feasibility outcome criteria

Outcome	Value	Feasibility criteria
Recruitment target	20 over 6 months	Recruitment of 20 participants over 6 months
Enrolment rate	20 of 80 (25%)	At least 25% of eligible individuals will be enrolled
Compliance with assessments	12 of 20 (60%)	At least 60% of participants who commence CALM complete the outcome measures at T2
Adherence	13 of 20 (65%) complete ≥ 3 sessions	At least 65% of participants complete at least three CALM sessions
Therapist time	90 minutes for session 1 (including notes), + 60 minutes per sessions 2-6, + 30 minutes additional time	6 hours for 5 sessions

Note: T2 = post-intervention.

Supplementary Table 3. Time and costing data collection.

Activity	Variables	Data collected
Intervention delivery	Clinician/researcher time <ul style="list-style-type: none">• Session time• Time additional to intervention (e.g., follow up phone calls etc.)• Time for follow-up care discussion at end of intervention, including referrals• Other: free text*	Role (e.g., psychologist, nurse consultant) Time in minutes

*Other: Free text – to collect tasks undertaken that are not otherwise defined.

Supplementary Table 4. Outcome measures used at each time-point.

Outcome	Baseline (T1)	Post-intervention (T2)	3 months (T3)	6 months (T4)
PHQ-9	x	x	x	x
FACT-G	x	x	x	x
DADDS	x	x	x	x
Patient Experiences Survey		x		
CEQ		x	x	x

Note: PHQ-9 = Patient Health Questionnaire; FACT-G = Functional Assessment of Cancer Therapy; DADDS = Death and Dying Distress Scale; CEQ = Clinician Evaluation Questionnaire.